

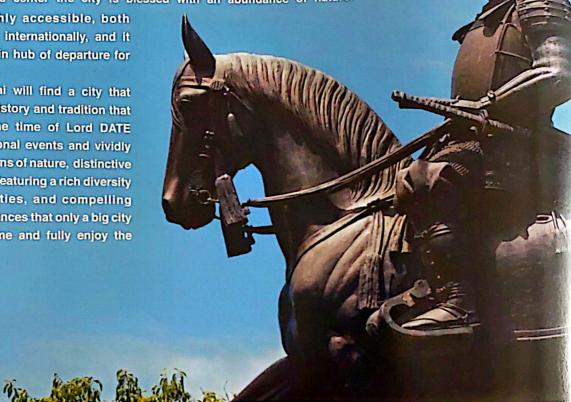




acclaimed warlord DATE Masamune. With a population of more than one million, it is the largest city in the Tohoku region. Sendai is nicknamed the "City of Trees" because even in its center the city is blessed with an abundance of nature.

The City is highly accessible, both domestically and internationally, and it serves as the main hub of departure for travel in Tohoku.

Visitors to Sendai will find a city that breathes with a history and tradition that dates back to the time of Lord DATE Masamune, seasonal events and vividly colored expressions of nature, distinctive culinary delights featuring a rich diversity of local specialties, and compelling shopping experiences that only a big city can provide. Come and fully enjoy the charm of Sendai.



## Access

## International Access

Sendai International Airport is the aerial gateway to the Tohoku region. Regular flights connect Sendai directly with Seoul, Shanghai, Beijing, Dalian, Taipei, and Bangkok. A growing number of charter flights from various countries are making Sendai even more accessible.

Sendai International Airport is as little as 17 minutes away from the city center by the Sendai Airport Access Line.

## **Domestic Access**

## [By air]

Direct flights connect Sendal with major cities over Japan, including Fukuoka, Hiroshima, Izumo, Kobe, Nagoya (Chubu), Narita, Okinawa, Osaka (Itami & KIX), and Sapporo.

The city center of Sendai can be reached in as little as 17 minutes from the airport by the Sendai Airport Access Line.

·By the Shinkansen bullet train, Sendai can be reached in as little as one hour 30 minutes from Tokyo, and in two hours 40 minutes from Hakodate, a gateway to Hokkaido

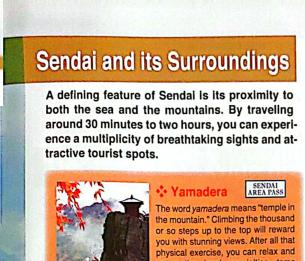
## **Detailed information**

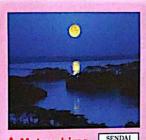
https://discoversendai.travel/travel-info/getting-to-sendai/





\*As of September 2023 \* All times are approximately





## \* Matsushima

The beautiful tapestry of some 260

The beautiful tapestry of some 260 islands dotting the bay here is recognized as one of Japan's three most scenic spots. The stunning view has even earned three stars in the Michelin Guide. Also of interest are structures closely connected to the ife of Lord DATE Masamune, seafood, hot springs, and many other attractions.



## Tashirojima Island

The island of Tashirojima is known nationally and internationally as "Cat Island." Here, cats have been regarded affectionately as an auspicious deity of plentiful fishing catches, and they now outnumber the human residents of the island. Tashirojima Island can be reached in about two hours from Sendai: a train to Ishinomaki, then a ferry to the island.

## Akiu and Sakunami

These areas are endowed with a rich abundance of nature and historic onsen (hot springs.) The quality of the hot spring water is highly acclaimed. There are also numerous inns and hotels to stay at. Akiu is an onsen area with a glorious history. Even Lord DATE Masamune himself was said to have bathed here. Sakunami was opened in 1796 as a hot springs resort.



savor the local specialties tama

konnyaku (ball-shaped konjac) and soba (buckwheat) noodles.







## Coastal Area of Sendai City

SENDAI AREA PASS

On March 11, 2011, the coastal areas of Tohoku, including Sendai City, were devastated by the impact of the Great East Japan Earthquake. Along the coast, facilities commemorating the disaster offer explanations of the damage and reconstruction, along with images and exhibitions of mementos, so that the realities and lessons of the events can be passed down to future generations.

<< Ruins of the Great East Japan Earthquake: Sendai Arahama Elementary School>>

32-1 Shimborihata, Arahama, Wakabayashi-ku, Sendai City <<Sendai 3/11 Memorial Community Center>>

85-4 Kutsugata, Arai, Wakabayashi-ku, Sendai City (inside Arai Subway Station) https://discoversendai.travel/must-do/great-east-japan-earthquake/



Yamadera Sakunami

Sendai City Center

> Coastal Area of Sendai City

Malsushima

Tashirojima Island

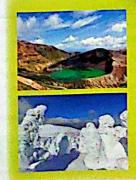




## Sendai City Center

AREA PASS

This area includes Sendai Station, the major public transport hub, a shopping arcade that extends from the station, and Jozenji-dori Avenue, the zelkova tree-lined street that symbolizes Sendai. You can wander the city at your leisure, enjoying local culinary delicacies as well as the latest cutting-edge shopping experiences.



### Zao

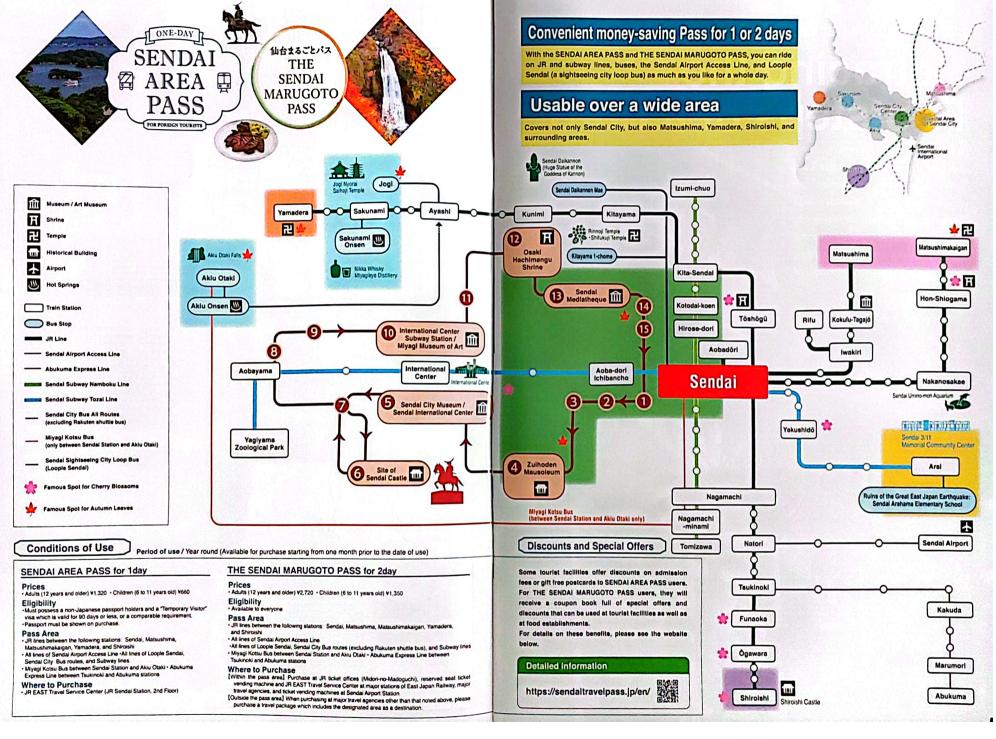
The area surrounded by the Zao mountain ranges offers many spots to enjoy nature in all its majesty. In spring and summer enjoy trekking to the mystical landscapes of Okama, a crater lake and symbol of the area. In autumn, drive through the mountains and take in the spectacular colors of the autumn foliage. In winter, enjoy the rare spectacle of frost-covered trees (snow monsters) and some skiing. You can also access the neighboring prefecture of Yamagata through Zao.

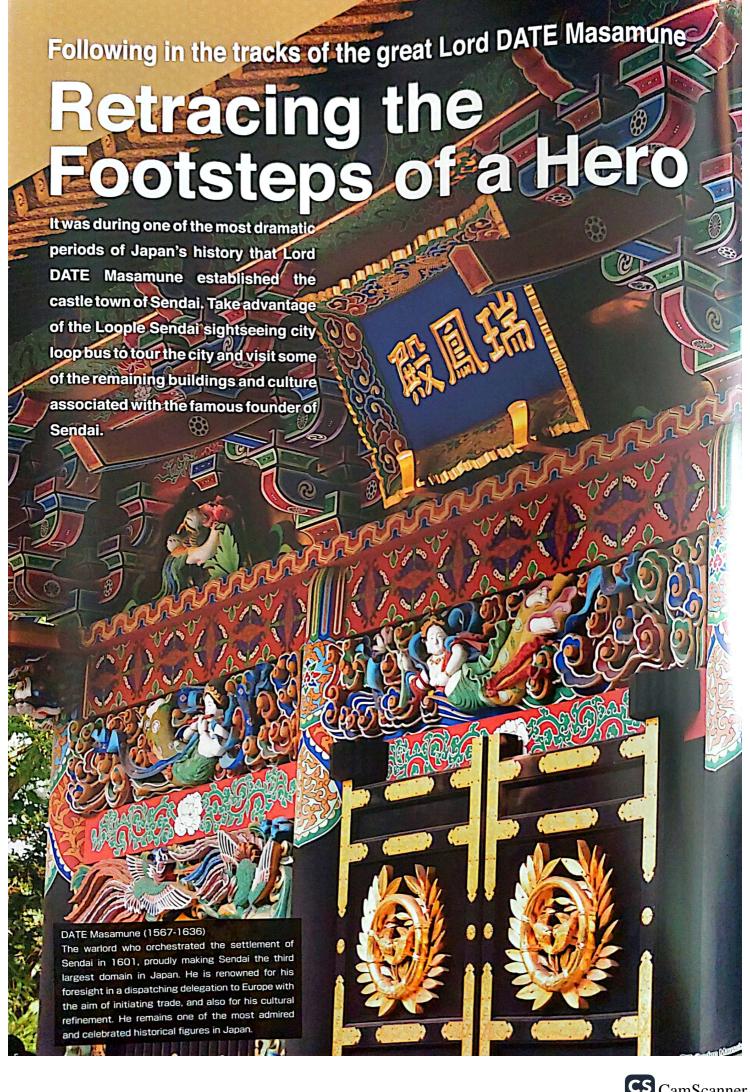


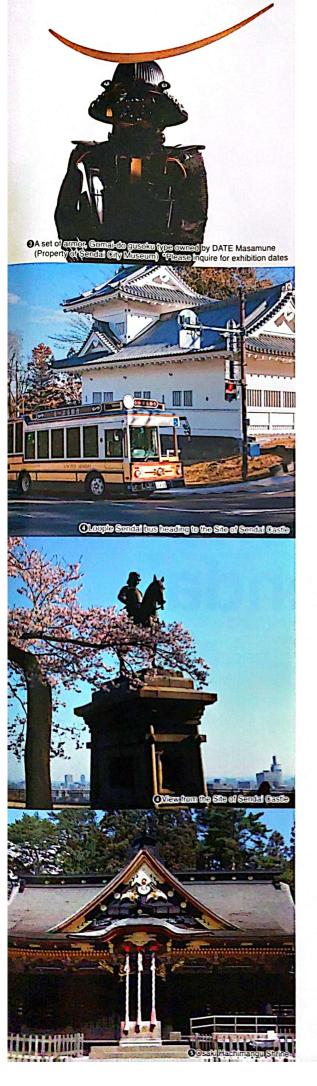
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### Shiroishi

This historical city is characterized by Shiroishi Castle, traditional samurai residences, and the old kura storehouses of merchants. It is also an access point for the Miyagi Zao Fox Village. A famous cherry blossom viewing spot, Hitorne Sembonzakura ("a thousand cherry blossom trees at a glance") is located on the city's outskirts.







## MAP

JR Line

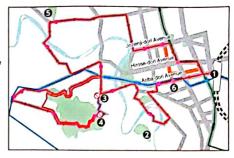
Sendai Subway Namboku Line

Sendal Subway Tozal Line

Loople Senda

Arcade

Closed to traffic (Pedestrians allowed)



## **Recommended Course**

★ SENDAI AREA PASS Usable



## O Sendai Station (40 min.)

### DaTe Cafe O'rder

You can refresh yourself here with a serving of ochazuke (green tea over rice) topped with local ingredients. Other popular items include onigiri rice balls, which can be taken out, and sweets flavored with zunda (sweetened mashed green soybeans). Why not bring some with you for a snack?

Where: Sendai Station 2F, 1-1-1 Chuo, Aoba-ku, Sendai City





## ② Zuihoden Mausoleum (80 min.)★

The sacred burial site of the feudal lords of the DATE Clan, including Lord Masamune himself. Both the magnificently decorated structure and the vibrantly colored natural surroundings are a must-see. In the adjoining museum you can view historical documents and materials that detail the archeological survey work done here. Address: 23-2 Otamayashita, Aoba-ku, Sendai City

https://discoversendai.travel/places/zuihoden-mausoleum/





## Sendai City Museum (100 min.)★

Exhibits of special interest are Lord DATE Masamune's armor with a moon shaped crest as well as materials related to the Keicho mission to Europe (including National Treasure and UNESCO Memory of the World-registered items). For insight into the history, culture, art, and craft of Sendai, this museum is an essential spot. Exclusive souvenirs are also available for purchase. Address: 26 Kawauchi, Aoba-ku, Sendai City https://discoversendai.travel/places/sendai-city-museum/

eduled to be closed until March 31, 2024 due to renovation



Portrait of HASEKURA Tsunenaga (Property of Sendai City Museum)





13:10

## O Site of Sendai Castle (80 min.)

See the statue of Lord Masamune on horseback and enjoy the fabulous panoramic view looking down over the city. Also watch out for performances by the Date Bushotal, a Sendai welcome squad and group of samural-costumed entertain-ers that re-enact scenes from the

times of DATE Masamune. You can relax and recharge here with lunch at the restaurant or have a snack.

Address: 1 Kawauchi, Aoba-ku, Sendai City https://discoversendai.travel/places/site-of-sendai-castle/





## Osaki Hachimangu Shrine (40 min.)★

This shrine constructed by the order of Lord Masamune, features resplendent decorations in vivid, gorgeous colors. It is regarded as a masterpiece of this architectural style and designated as a National Treasure.

Address: 4-6-1 Hachiman, Aoba-ku, Sendai City https://discoversendai.travel/places/osaki-hachimangu-shrine/





## O Sendai Station

## 6 Aoba-dori Ichibancho Subway Station

## Iroha Yokocho Shopping Alley

The Yotsuya water canal, excavated throughout the castle town by Lord Masamune's order, was a major factor in the growth of Sendai. The water from the canal is rarely used nowadays, but at Iroha Yokocho there is a well that is still active. After viewing the well, you can wander around the interesting eateries, bars, and other stores of Iroha Yokocho, as well as in the neighboring old-style eating and drinking alley of Bunka Yokocho. Address: 2-3-28 Ichibancho, Aoba-ku, Sendai City https://discoversendai.travel/places/iroha-yokocho/



## Further afield Shokeikaku

The former residence of the DATE Family. Nowadays this building serves as a restaurant. The specialty here is dishes served in traditional handcrafted Sendai-style tansu (chest of drawers), a craft tradition that dates back to the days of the Sendai Domain. (Reservation required, from ¥5,500)

Address: 143-3 Hitokita-nishi, Moniwa, Taihaku-ku, Sendai City https://discoversendai.travel/places/shoukeikaku/

Schedule times are a rough estimate.

Traveling times and methods are based on information as of September 2023.





## Sakura Cherry Blossoms

Since Sendai spreads out from the plains to the mountains, cherry blossoms can be enjoyed over a relatively long period of time. Some of the more popular viewing spots, such as Nishi Park and Tsutsujigaoka Park are within easy reach of the city center, and also offer a variety of stalls for your shopping and eating entertain

Where: Nishi Park, Tsutsujigaoka Park, etc

When: Early April

https://discoversendai.travel/places/cherry-blossoms-in-sendai



## Sendai International Half Marathon

Ten thousand runners from all over Japan and the rest of the world run through the zelkova-lined avenues of Sendai. They run amidst the fresh, vivid greenery of springtime, cheered on by spectators from the sides of the road. Booths of local foods are another attraction. This is one of Japan's most popular running events Where: Sendai city center (e.g. Jozenji-dorl Avenue) When: Early May



## Winter Sports

Izumigatake Ski Resort, which usually opens in late December, is a mere 50-minute drive from the city center. With wide slopes that are ideal for beginners, the whole family can enjoy skiing here. re: Izumigatake Ski Resort in: Late December to March



## Dontosai

their New Year's decorations to be burned on a large bonfire and pray for good health, good fortune, and the well-being of their pray for good realin, good include.

The dontosa' held at Osaki Hachimangu Shrine has more than 300 years of history under its belt, and is famous all over Japan for its hadakamairi (men dressed only in loincloths marching to the

Vitaria Com Hachimengu Strate

or January 14







## Hydrangeas

Shifukuji Temple is known as the "hydrangea temple" because of the thousand or so hydrangea plants that grow within its grounds. The temple is small but elegant, and photographers flock here when the clusters of gorgeous hydrangeas that line the steps up to the temple are in bloom.

Where: Shifukuli Temple

When: End of June to beginning of July



### Sendai Tanabata Festival Fireworks

On the eve of the Sendai Tanabata Festival, a stunningly elaborate and beautiful display of 16,000 fireworks is held. The main streets of downtown Sendal become pedestrian-only zones. Put on your yukata (summer kimono) and join the fun.
Where: Sendai city center (Hirose-dorl Avenue, Nishi Park, etc.)

When: August 5



## Imoni-kai (taro stew gathering)

When autumn arrives in the Sendai area, locals traditionally gather by the side of the river to cook taro stew together in a large pot. As the meat, sato imo (taro), and vegetables cook, people enjoy the company of friends and family in a barbecue-style atmosphere. Why not have a go too?

Where: Along Hirose River, Akiu area, Jogi area, etc.



## **Autumn Foliage**

At Rinnoji Temple, which features a traditional Japanese garden, you can enjoy the magnificent sight of the three-storied pagoda set against the spectacular colors of autumn foliage. Around the Akiu area, Zuihoden Mausoleum and other locations, attractions are illuminated at night, further enhancing the beauty of the season's stunning colors.

Where Rinnoji Temple, Akiu area, Zuihoden Mausoleum, etc.

When: October to November

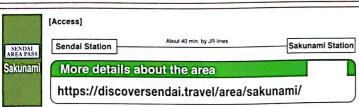
- \* Times of the year are a rough estimate.
- \* All spots can be reached using the Sendai Area Pass.



# Akiu and Sakunami Area

The areas of Akiu and Sakunami offer numerous attractions for visitors, including historic *onsen* villages, beautiful natural scenery, and traditional craft making hands-on experiences. Access from the center of Sendai is convenient and easy, so you can make a quick day trip, or stay overnight.









## OBanji-iwa Rock

This massive wall of rock is approximately 600 meters high from the valley floor and three kilometers wide, and offers a grand panorama that is the pride of Akiu. The sight of the towering rock face dressed in the beautiful vivid greens of spring and the stunning warm colors of autumn is truly spectacular.

Where: Baba, Akiumachi, Taihaku-ku, Sendai City

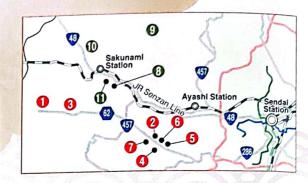


## **@Akiu Winery**

The owner opened this winery in 2015 with the alm of helping to revitalize the local economy following the slump caused by the Great East Japan Earthquake. Inaddition to sampling and buying wines made from locally grown grapes, you can enjoy a light meal at the winery's calé.

Address: 6 Biwahara-nishi, Yumoto, Akiumachi, Taihaku-ku. Sendai City







## OAkiu Traditional Craft Village

This handicrafts village, consisting of workshops and residences, was set up by nine craftspeople who work in dyeing, weaving, kokeshi doll-making, and other traditional crafts. Visitors can just observe or do some hands-on learning (reservation required). This is a good place to pick up a nice souvenir gift.

Address: 54 Uehara, Yumoto, Akiumachi, Taihaku-ku, Sendai City



### OSendai Kaleidoscopes Art Museum

This unique museum features a collection of kaleidoscopes, both from Japan and around the world. You can look at and touch a variety of exhibited kaleidoscopes, or even try creating one of your own.

Address: 1-2 Matsuba, Moniwa, Taihaku-ku, Sendai City

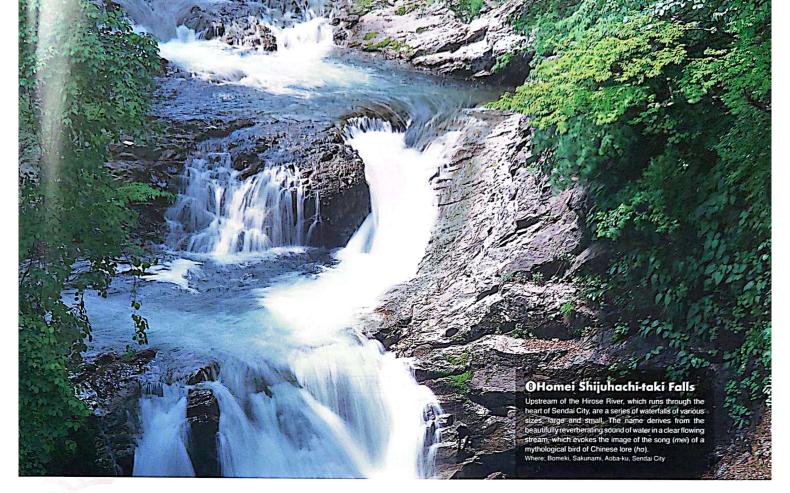


## O Nozokibashi ♥ Heart, a Lovers' Sanctuary

This is a heart-shaped groove in a rock, created by nature. You can view the heart from Nozokibash Bridge that overlooks the entrance of Akiu Onsen. Rairaikyo Gorge, over which the bridge is centered, has a hiking path that is perfect for savoring the beautiful scenic landscape of the ravine.

Where: Biwahara, Yumoto, Akiumachi, Taihaku-ku,





# **Sakunami Area**





## **O**Jogi Nyorai Saihoji Temple

Legend has it that all those who worship here will be blessed in Legend has it that all those who worship here will be diessed in finding a marriage partner or conceiving a child, and that their greatest wish in life will come true. There is a five-storied pagoda on the grounds of the temple, which you can view at your leisure while sipping on *matcha* (powdered green tea). Address: 1 Joge, Okura, Aoba-ku, Sendai City



## Sankaku Jogi Abura-age (deep-fried tofu triangle)

This piping hot deep-fried tofu triangle, freshly made, is a specialty of Jogl. You can try some near the gate of Saihoji Temple, from a tofu shop that's been in business since 1890.

Address: Jogl Tofu Shop, 1-2 Shimomi



## **@Sakunami Onsen**

This onsen resort area, which opened in 1796, is renowned for both the abundance and the gentle-to-the-skin quality of its waters, which are said to make any woman beautiful. Another attraction here is the ability to try out open air baths, stone baths, stand-up bathing, and various other kinds of onsen bathing. Where: Sakunami, Aoba-ku, Sendai City



## **(In Proceed)**Nikka Whisky Miyagikyo Distillery

This distillery, located beside a clear running stream, was built in accordance with its founder's firm belief that it is impossible to make good whisky without treating nature with respect and care. You can participate in a guided tour with tastings, or simply stop in to purchase a limited-edition whisky. Address: 1 Nikka, Aoba-ku, Sendai City

Surrounding Spots

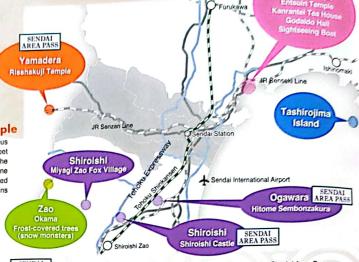
If you feel like venturing a bit further from Sendal, there are other sensations to discover such as encounters with cute animals, and breathtaking natural scenery to photograph to your heart's content. These spots can be accessed between 30 minutes to two hours from Sendai.

## <Yamadera> Hojusan Risshakuji Temple

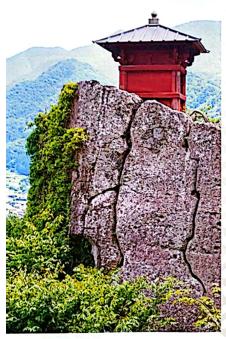
This temple, established in 860, is also famous for its association with the historic haiku poet Matsuo Basho. Yamadera means temple in the mountain, and if you climb the more than one thousand steps to the top, you will be greeted by a magnificent view of the beautiful mountains dotted with small villages at their feet. Address: 4456-1 Yamadera, Yamagata City

https://discoversendai.travel/places/





Most of these places can be reached from Sendai Station using the Sendai Area Pass.





## <Zao> Okama

A crater lake in the Zao mountain ranges which stra Miyagi and Yamagata prefectures. The color of the lake's surface changes from emerald to sky blue, according to the play of sunlight. The view of autumn foliage from the Zao Echo Line when driving from Shiroishi is highly

Where: Zao Resthouse, Katsutadake National Forest,

https://discoversendai.travel/places/okarna/





## <Shiroishi> Miyagi Zao Fox Village

At this zoological park, more than one hundred foxes of diverse species wander freely. You can feed the foxes, even hold fox cubs. Experience these fascinating animals in a totally unique way.

Address: 11-3 Kawarago, Fukuoka-yatsumiya, Shiroishi City

https://discoversendal.travel/places/zao-fox-village/





## Tashirojima Island

It takes approximately 50 minutes to reach Tashirojima Island from the port town of Ishinomaki. The Island is famous for its population of cats, which outnumber human residents. Youcanaisoenjoycamping, fishing, and swimming in the sea.

Where: Tashiro-hama, Ishinomaki City https://discoversendai.travel/places/ tashirojima-island-cat-island/





# <Matsushima> Zuiganji Temple This Zen Buddhist temple is with the DATE Clan. The buildings, constructed up

This Zen Buddhist temple is connected with the DATE Clan. The current buildings, constructed under the guidance of Lord DATE Masamune, include National Treasures. In 2018 major repairs performed over a 10-year period were completed.

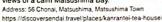
Address: 91 Chonai, Matsushima, Matsushima Town https://discoversendal.travel/places/ zuiganji-temple/





## <Matsushima> Kanrantei Tea House

The name of this historical building, associated with Lord DATE Masamune, means "to view ripples." Enjoy matcha and sweets as you contemplate the views of a calm Matsushima Bay.







## <Matsushima> Entsuin Temple

This Zen temple is considered auspicious for love and good relations. It receives many tourists who come for the Japanese gardens and the autumn nighttime viewing of illuminated, richly colored leaves.

Address: 67 Chonal, Matsushima, Matsushima Town https://discoversendal.travel/places/entsuin-temple/





## <Matsushima> Godaido Hall and Sightseeing Boat

The Godaido Hall is a symbol of Matsushima, built on a small islet connected by a short red bridge from the coast, and was constructed by the order of Lord DATE Masamune. Take a tour of Matsushima Bay in a sightseeing boat, to enjoy the views of Matsushima, considered to be amongst the three most scenic

spots in Japan. Where: Godaido Hall, Chonai, Matsushima,

Matsushima Town https://discoversendai.travel/area/matsushima/



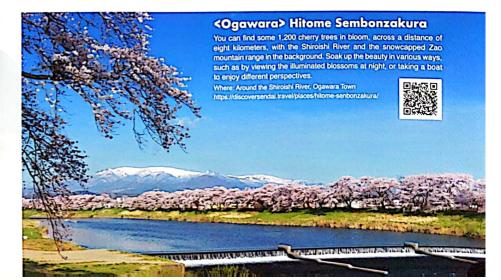


## <Shiroishi> Shiroishi Castle

This is the castle in which the Katakura Clan lived, one of the most powerful retainers of the DATE Clan. The current building is the product of a faithful re-creation of the original castle, completed in 1995. An adjoining museum features an exhibition of castle-related artifacts and documents.

Address: 1-16 Masuokacho, Shiroishi City https://discoversendal.travel/places/shiroishi-castle







# Eastern Area

The eastern area of Sendai, which is recovering from the Great East Japan Earthquake, not only contains numerous ruins of the earthquake and places where one can learn about the lessons learned from the earthquake and the area's trail to recovery, but is also home to a range of newly opened facilities

Nakanosakae Station Arai

which showcase the charm of the area. Surrounding the Sendai Port is the largest outlet in the Tohoku region and an aquarium with high entertainment value, transforming the area into a space where people of all ages can have fun.



### OJR Fruit Park Sendai Arahama

More than 8 types and 150 varieties of fruits of which include strawberry, apple, grapes, blueberry, and more, are grown inside the 11 hectares of land, where guests can experience in-season fruit picking throughout the year. One could also enjoy the de and other cuisines overseen by the chefs of Hotel Metropolitan Sendai in the facility's café restaurant. Address: 2-17-1 Arahamashin,

Wakabayashi-ku, Sendai

https://discoversendal.travel/places/ jr-fruit-park-sendal-arahama/



AQUAIGNIS SENDAL is based on the central concepts of "Healing, Dining, Nurturing". Some of the attractions that can be found in this hotspot include restaurants curated by Japanese chefs such as TSUJIGUCHI HIDAKA Yoshimi, KASAHARA Masahiro; Fujitsuka-no-Yu, a hot spring that well up from 1,000 meters beneath the ground; and a market which sells local produce.

Address: 33-3 Matsuno-nishi, Fujitsuka, Wakabayashi-ku, Sendai









## Sendai Agricultural Gardening Center (Midori-no Mori)

A community base for people to gain firsthand experience of farming. Besides from the rose garden, which has 1,200 roses of approximately 200 species, and the Japanese plum garden, where 120 trees of approximately 60 species are planted, the facility also hosts a range of different agriculture related events and experience-based programs, making it a place for citizens to relax. Nevertheless, the orchard within the facility provides visitors with a year-round opportunity to pick fruits that are in season.

Address: 13-1 Kirishinden, Arai, Wakabayashi-ku, Sendai https://discoversendal.travel/must-do/great-east-lapan-earthquake/



## Sendai Umino-Mori Aquarium

forme to the new Cape penguin exhibition "PENGUINLIFE ouses an enormous replication of the ocean of the case a range of unique marine creatures from osts a multitude of shows performed by dolphins. borated of its kind within the Tohoku region, sx: 4-6 Nakano, Miyagino-ku, Sendai https://discoversendai.travel/places/sendai-umino-mori-aquaria



A range of exhibitions have been established in the ruins of the earthquake, the Sendai Arahama Elementary School, which was devastated during the Great East Japan Earthquake, in order to pass on the lessons learned



from the disaster and the area's history and culture to future generations. The ruins is also used by many elementary schools and junior high schools as a base for disaster risk reduction education, and is a valuable facility that provides an immersive experience for visitors to learn about disaster risk





## Sendai 3/11 Memorial Community Center

The memorial community center serves as a place for people to learn about the memories and experiences of the Great East Japan Earthquake, and a base for knowledge and lessons to be linked to the future. The community space on 1st floor showcases 3D maps and slides which feature information about the eastern coastal area and hosts a range of events. Meanwhile, the exhibition room on 2nd floor comprise of a permanent exhibit which showcases rehabilitation and reconstruction efforts, and a rotating exhibit which conveys the disaster from various viewpoints via displaying the lives and memories of people from the affected area.

Address: Inside of Arai Station on the Sendai Subway Tozai Line, 85-4 Kutsugata, Arai, Wakabayashi-ku, Sendai https://discoversendal.travel/must-do/great-east-japan-earthquake/



## Kirin Brewery Sendai

The facility demonstrates the production process of the popular brand "KIRIN ICHIBAN Beer" and provides an opportunity for visitors to experience the key of deliciousness using one's "five senses". After the tour, visitors can enjoy a freshly brewed glass of beer served by a brewery draft master.

Address: 2-2-1 Minato, Miyagino-ku, Sendai

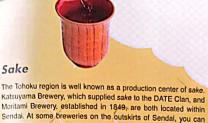
https://discoversendai.travel/places/ kirin-beer-sendai-brewery







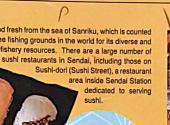
# Food in Sendai



take tours to see the manufacturing process as well as taste and

As Sendai is surrounded by a rich natural environment, a wide variety of delicious ingredients-including seafood, meat, and riceare available, and are finely honed with culinary techniques to bring out the best flavor of the ingredients. Some of the many local specialties that will satisfy your palate range from the classic sake, the famed beef tongue, sasa-kamaboko, to the recent emerging gourmet dishes that only connoisseurs know.





## Oysters

In Japan, Miyagi Prefecture is ranked number two for production of oysters in general, and number one for production of oysters for raw consumption. Miyagi oysters are small in size, but big in their rich, creamy taste. They can be eaten raw, charcoal grilled, or enjoyed in a hot pot.

## Sasa-kamaboko

Sasa-kamaboko, white fish ground to a paste and baked in the shape of sasa (bamboo) leaves, is a famous Sendai local specialty. There are numerous kamaboko shops in the city, and some offer kamaboko grilling hands-on experiences for

## Strawberries

The cultivation of strawberries is popular in the southern part of Miyagi Prefecture. The strawberry varieties Mou Ikko and Tochi Otome are particularly famous for their large size and refreshing sweetness. You cango strawberry picking from around December to



Beef tongue, a popular delicacy originating in Sendal, is thick, Juicy and grilled to seal in its umami. Sendai has a large number of beef tongue restaurants, including some







## **Sweets**

### **Zunda Shake**

This is an original drink that blends zunda bean paste with vanilla milkshake made with milk of exceptionally good quality. Enjoy the rich aroma of zunda with its distinctive bean-flecked texture.

## Zunda

Zunda is one of the famous specialties of Sendai, made from boiled and mashed edamame beans, flavored with sugar and salt. It was originally used as a topping for mochi rice cakes, but today zunda is added to all kinds of sweets and drinks.



## **Beef Tongue**



### Sendai Beef

Sendai beef is considered some of the best quality beef in Japan. It is carefully selected from the kuroge-wagyu beel raised in Mivagi Prefecture, for a good balance of marbled versus red meat and a fine texture. The beef is a mellow, juicy flavor that melts in your mouth.



### Mapo Yakisoba

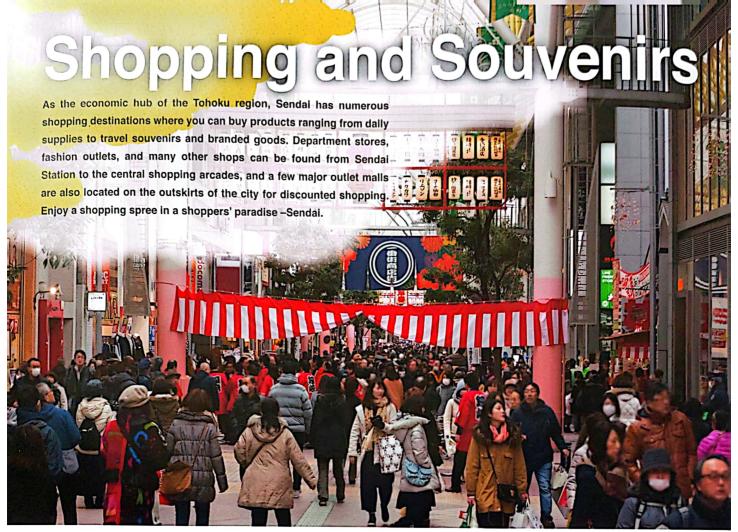
Mapo vakisoba noodles have become popular in recent years as word-ofmouth has spread over social media but their history goes back to a meal offered to employees working at a Chinese restaurant in Sendai in the 1970s. Stir-fried or pan-fried Chinese noodles are served topped with plenty of hot and spicy mapo tofu.

## Seri Hot Pot

Seri (Japanese parsley) hot pot is the standard during the winter season. Seri is a vegetable that contains a lot of vitamin C and dietary fiber, with all parts of the plant, including the roots, being edible. Enjoy the crunchy texture of seri with other vegetables and chicken. Nutritious and healthy! It will warm you to the core.







## 1 Central Shopping Arcades AREA PASS (Subway Stations: Kotodai-koen, Hirose-dori, and Aoba-dori Ichibancho)

Enjoy shopping while walking along a shopping arcade packed with classy department stores, distinctive shops and fashion stores popular with young people, discount stores and restaurants. The Sendai *Hatsu-uri* (the first sale of the new year) held in January attracts many shoppers with its gorgeous gifts and good deals.

[Sendai Hatsu-uri] https://discoversendal.travel/places/sendai-hatsuuri-sale.



## 2 Around Sendai Station SENDAL AREA PASS

Two major commercial facilities opened here in 2016, and are some of the hottest spots in the area, with many popular shops appearing for the first time in the Tohoku region. There is an arcaded street right in front of Sendai Station, which continues up to the central shopping district.





## 3 Sendai-Izumi Premium Outlets®

## 4 Mitsui Outlet Park Sendai Port AREA PASS

Sendai-Izumi Premium Outlets\* and Mitsui Outlet Park Sendai Port offer products from renowned brands at affordable prices.

## **Detailed information**

https://discoversendai.travel/category/shopping/





## **Traditional Artisanship**



### Sendaihira

Silk-woven fabric of the highest quality renowned for producing hakama pants. Their elegant thin stripes give them a traditional yet contemporary



## Tamamushi Lacquerware

Elegant lacquerware characterized by its unique, vibrant gloss and colors. Wine cups, in particular are popular as a souvenir from Japan.







### Matsukawa Daruma Dolls

A Taste of Sendai To Go

These good-luck charms have a face edged with blue, and feature big black eyes, which make them different from ordinary daruma dolls. Pick your favorite size, large or small.



## Sendai Dagashi Sweets

Sendai's traditional confectionery, of which most are still hand-made by craftsmen. Uniquely designed usagi-dama and daruma candies are a treat for the eyes as well as the palate



## **Zunda Sweets**

normally eaten with mochi rice cakes, but in recent years, it is used in a variety of treats including chocolates and Swiss rolls.



## Hagi no Tsuki

This moon-shaped sweet features a fluffy sponge cake filled with tender custard cream, and is a classic taste recognized nationwide.

## **Cute Small Goods**









## 

## Kokeshi Clips

Paper clips designed to look like kokeshi dolls, which are a folkcraft from the Tohoku region. Kokeshi dolls from different parts of the Tohoku region have their own characteristics in shapes and designs, and the clips faithfully reproduce those differences. They are all too cute to leave behind.



## Sendai Tansu coaster

Sendai Tansu is said to have been born in the late Edo period. Utilizing the materials of Sendai Tansu, this coaster is lacqu on Japanese Zelkova wood and decorated with metal corner fittings.



## Musubimaru Goods

Musubimaru, a Miyagi Prefecture mascot character, is designed based on the motif of the feudal Lord DATE Masamune's helmet and an onigiri rice ball. The character is designed into various products such as badges and stationery goods.

## **Trending Items**



## Mizutama no Jin

A new souvenir of Miyagi prefecture, Mizutama no Jin is a no-bake cheesecake that sparkles like gemstones with motifs of the crescent moon helmet of Lord DATE Masamune and the DATE family's polka-dot battle coat.



### Shimobashira

Handmade by skilled confectioners, shimobashi ra is a type of candy that can only be found during winter season, which looks like real needle ice and melts like cotton candy in your mouth.
Sales period: October to April of the follow year \*Product might be out of stock.



## Saichi's Ohagi Sweets

Handmade ohagi (rice cake covered with adzuki bean paste) sweets are available at a local supermarket called Saichi in the Akiu onsen resort. As many as 5,000 of these sweets are sold on an average day. They became popular through word-of-mouth recommendations among hot spring visitors.



## Sendai TekuPachi Puzzle

Acrylickey chain with a photo of downtown Sendai between the 1940's and 70's encased within. You can enjoy comparing the photo of the past with the current scenery at the same location. Have fun guessing which of the 5 varieties you will get!



# Model Itinerary to Enjoy Sendai to the Fullest

# Enjoy Splendid Sendai and All its Delicacies Girls' Trip

Sendai, the largest city in the Tohoku region, offers the latest in fashion, popular restaurants and cafés, as well as attractive tourist destinations and exclusive goods. Be sure to head over to discover your favorites.





# Following the Footprints of the Chinese Literary Legend A Trip to Learn About Lu Xun

Lu Xun, a legendary figure in Chinese literature, started his early literary career while living as an exchange student in Sendai. With his autobiographical essay "Mr. Fujino" in hand, let's trace his footsteps.





\*Schedule times are a rough estimate.

\*Traveling times and methods are based on information available as of September 2023



## Take in the Wonders of Nature

## For Active Travelers

Although Sendai is a large city with a population of more than one million, you can also enjoy the splendor of nature by making a quick trip outside the city. Experience a variety of nature activities and onsen here.





and beverages local to Sendai and

Tohoku. Where: Kokubuncho, Aoba-ku, Sendai City

## Feel the Transition of Seasons in Sendai, the City of Trees

## Travel the Four Seasons in the City

Sendai has a sophisticated cityscape that is in harmony with nature. As the beautiful city landscape changes according to the season, the city has been selected as the filming location for numerous video projects including movies and a Thai TV series.





at affordable prices because Sendai is close to one of

the biggest fishing grounds in the world. After eating your fill, you can have fun shopping around the station.





## JR EAST PASS (Tohoku area)



\*Prices are for sales after October 2023

Tohoku boasts many wonderful tourist attractions. If you use JR East's convenient train services to get around the region, your visit to Tohoku will be truly unforgettable. With the JR EAST PASS (Tohoku area) you can make your trip to Tokyo and the Tohoku area not only comfortable and convenient, but also economical.

The JR EAST PASS (Tohoku area) gives you real travel freedom by allowing you to get on and off trains as freely as you like in designated areas. The pass can be used on all JR lines in Tokyo and the Tohoku area, including Shinkansen lines, and even for the Narita Express service.

## JR EAST PASS (Tohoku area) Prices

Validity Period	5 consecutive days	
Price	Adults(12 years and older)	Children(6 to 11 years old)
	¥30,000	¥15,000
Eligibility	The pass can be used by non-Japanese passport holders	

### **Purchasing Online**

You can purchase the pass and make ticket reservation from the website below. https://www.eki-net.com/jreast-train-reservation/Top/Index



### Purchasing in Japan

You can purchase a JR EAST PASS at ticket sales facilities (JR EAST Travel Service Center) from any one of the JR East Japan region. You must show your passport when purchasing the pass. When purchasing the pass at a Reserved Seat Ticket Vending Machine that has a passport reader, you will need your original passport with IC chip.

### **Purchasing Overseas**

You can purchase an Exchange Order at a designated travel agent before arriving in Japan. After arrival, you can exchange it for a pass at any JR East Travel Service Centers.

## **Detailed information**

https://www.jreast.co.jp/multi/pass/





## **Tourist Information**

| SENDAI Tourist Information Desk (City Center)

Fujisaki Main Bldg. 1F, 3-2-17 Ichibancho, Aoba-ku, Sendai City

| SENDAI Tourist Information Center (Sendai Station)

JR Sendai Station 2F, 1-1-1 Chuo: Aoba-ku, Sendai City Akiu Tourist Information Center (Akiu)

Akiu Sato Center, 40-7 Teradahara, Yumoto, Akiumachi, Taihaku-ku,

Sendai City

SENDAI City Sakunami/Jogi Tourist Information Center (Sakunami)

Onsen Town Sakunami Tourist Information Plaza Lasanta, 2-7 Motoki, Sakunami, Aoba-ku, Sendai City

https://discoversendai.travel/travel-info/tourism-information-center/





## Michinoku Tour Information (Sendai International Airport)

Sendai International Airport 1F: Minamihara

Shimo-Masuda: Natori City

https://www.sendai-airport.co.jp/en/service/michinoku/

## **Walking Tours and Hands-on Programs**



i-SENDAI (SENDAI Tourist Information Desk) provides experience-type programs in both Japanese and English, such as the "Downtown Sendai Must-See Tour" or the "Decorative Japanese Dessert Making Workshop." We strongly recommend these programs to those who want to interact with locals or to learn more about the Sendai lifestyle. Let's have an unforgettable time in Sendai.

## Reservations and inquiries:

SENDAl Tourist Information Desk https://i-sendai.jp/



For the latest information, check our website and Facebook page.

Official Website: DISCOVER SENDAI https://discoversendai.travel/





Travel to Sendai, Japan https://www.facebook.com/welcometosendai.japan



September 2023, City of Sendai

